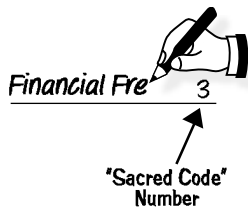


How to Use the 'Wisdom Worksheets'

This Section of the Manual was developed to provide a brief overview and explanation of the underlying Principles that are incorporated into the overall *'class program.'* It contains a collection of interactive essays called *'Wisdom Worksheets,'* which provide a *'whole-brain/whole-body'* learning experience. Following are descriptions of each of the unique elements of these Worksheets.

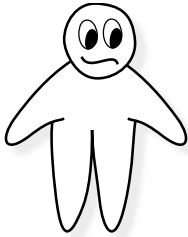
'Filling In' the Blanks



Whenever our mind encounters a 'blank' in a sentence, it immediately begins to search for the words that will complete the phrase. In effect, the presence of a 'blank' will activate our curiosity and *'open our mind to receive.'* Throughout this Section of the Manual you will frequently encounter 'blank lines' at the beginning of most paragraphs or sections of text. These headings are intended to be *'filled in'* by you in either of the following ways:

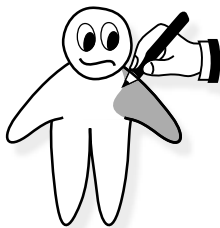
1. Fill them in as you are instructed during the class.
2. Complete them by correlating the little *'code numbers'* on the right hand side of the blanks to the *'Sacred Code'* located in the lower left hand corner of each page in this Section.

Viewing the Symbols, Icons and Illustrations



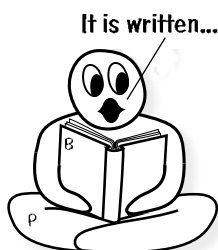
Each section of text is accompanied by an icon, symbol or illustration that will help convey the information contained in the written dialogue. Generally, these images are placed on the left-hand side of the page in order to be more accessible to the *'right-brain.'* The text is on the right-hand side in order to be accessed by the *'left-brain.'* Together these two elements work in combination to provide a *'whole brain information package.'*

Coloring the 'Wisdom Worksheets'



The third important element of this workbook is the coloring of the symbols, icons and diagrams. It is **highly recommended** that the coloring be done **within 48 to 72 hours** after each class. This will cause the information that has been received to be powerfully reinforced and retained. Or, if you are using this document on your own, you may wish to do the coloring as you read through the material. Detailed instructions about the coloring process are given on the next page entitled *'The Spectrum of Life.'*

Reading the 'Wisdom Worksheets' Aloud



Silently reading the Truth will change your *attitude* about the physical conditions of your life. However, speaking the Truth will actually *change* those physical conditions. Consequently, reading the written words of these *'Wisdom Worksheets'* aloud to yourself will fully activate the transmission of Truth within them. This is equally true for any spiritual book or Sacred Scripture that inspires you when you read it. **"What you hear you forget. What you see you remember. What you say you become."**