The universe is full of principles, laws and cosmic propositions. However, there is only one law that truly empowers us to take dominion over the conditions and circumstances of our lives, it is the 'Great Law of Life,' as follows:

l _____ What l _____



'Be it, and you will see it.'

"As you have believed, so be it done unto you." ...Matthew 8:13

Despite what we may want, wish or even think that we deserve out of life, what we *always* get is exactly what we *believe*. This is the 'Great Law of Life.' This understanding is no longer just a spiritual proposition, but is widely becoming accepted by mainstream psychology, as well as modern quantum physics. Given the implications of this proposition it behooves us to carefully consider the following five questions:

Five Fateful Questions About the 'Great Law of Life'

- Is the 'Great Law of Life' really true? As with all spiritual Truth, the validity of this proposition can only be ascertained by <u>you</u>, so far as <u>you</u> are concerned. In other words, it must be tested by you in your own experience of life.
- **What is a Belief?** A belief is much more than an opinion or thought you hold about something. A belief is a deeply suppressed emotional impulse that expresses itself unconsciously through you in order to produce the experiences of your life.
- **What Do I Believe?** It is very easy to ascertain what you believe. You can simply look at the *felt* reality of what you are receiving in your experience of life. In other words, 'what you are receiving is what you are believing.'
- What Do I Want to Believe? If there is some aspect of your life that you are dissatisfied with, then you must change your beliefs about it. The quality of your life experiences now become a function of what you choose to believe about them.
- How Do I Change My Beliefs? If diligently applied, the principles and practices contained in these materials will provide the means for you to effectively change your beliefs in order to produce a more positive and abundant experience of life.

My Beliefs are Like





It takes a 'melt down' to make a change.

be • lieve' - To place trust or confidence in.

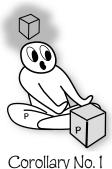
Based on the deeper root meaning, to believe means 'to be like.' In other words, we tend to unconsciously behave in a way that is consistent with the nature of our beliefs. This is because the motive forces behind a belief are mostly hidden as suppressed emotions within our souls, as depicted in the graphic metaphor to the left. As the warmth of the Sun melts away the tip of the iceberg, more and more of what was previously hidden comes up to the surface. This is why it often takes time, combined with 'daily dedicated spiritual practice,' to completely dissolve a major belief in the sea of our soul.

The Great Law of Life: 'I Receive What I Believe.'

A 'corollary' is a specialized version of a general law or proposition. When faced with a *false belief*, the 'Great Law of Life' *correlates* itself into the following patterns according to the great trinity of our body, mind and spirit.

I. Whatever I'm Up Against, I Am





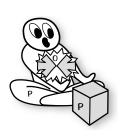
Physical Struggle

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Our creative spiritual nature is always seeking to awaken itself within us in order to express Life more abundantly through us. The tool that it uses most effectively is to create conflicts in our lives that produce pain in our bodies and suffering in our minds. The nature of the particular conflicts that each of us experience is directly related to the 'false beliefs' that we hold about life. Consequently, every conflict and problem that we face is intended to 'wake us up' to the fact that we are believing something that is not the Truth about Life. Once we have identified and released the 'error belief' the problem falls away.

2. I Always Get What I Feel I

5



Corollary No. 2 Emotional Stress It is a natural human tendency to believe that we a right to have whatever we desire. Hence, we begin to think that we truly deserve to have whatever it is that we want. However, the 'Great Law of Life' can only provide us with what we truly believe. And since a belief is made up of mostly emotion, frozen into many self-repeating patterns of experience, we will always receive what we feel we deserve, based upon our current belief system. Unfortunately we generally don't know what we feel we deserve until we 'get it.' Consequently, whenever we receive something less that what we think we deserve, we tend to feel disappointed, frightened or angry. Yet, it is those very feelings, of which we are now aware, that have created what we have received.

3. Fulfills the Law for Me



Corollary No. 3
Spiritual Bliss

It's been said that "every problem was once a solution." This is because a 'worldly solution' to a problem merely buries the symptoms of our suffering, and never really removes the cause. However, we need to consider that a 'true solution' will produce dissolution, and this is what Love does. Love dissolves the cause of our suffering with Truth, and creates a new experience of life beyond anything that we could ever conceive. Love creates a 'divine conception' that produces an ever increasing experience of heaven on earth. This is why the scriptures tell us that 'Love fulfills the Law,' and produces no residual effects. (Romans 13:10)



Whenever I put Love into the Law, something good always happens!